



FRIDAY, JUNE 10TH

MENTAL WEALTH

Block Party

***WELLNESS PRIZES, MASSAGES, GAMES,
LIVE MUSIC, DANCING, MEDITATION AND MORE!***

DCAS, 1 CENTRE STREET - UNDER THE ARCHES

11:30 AM - 2:00 PM

FEATURING



MENTAL WEALTH *Block Party*

Events



12:00 PM

**LOVE AND KINDNESS
MEDITATION**

*Meditation
Station*

12:20 PM

**STRESS-LESS
MEDITATION**

*Meditation
Station*

12:40 PM

DANCE BREAK!

DJ Booth

1:00 PM

**LOVE AND KINDNESS
MEDITATION**

*Meditation
Station*

1:20 PM

**STRESS-LESS
MEDITATION**

*Meditation
Station*

1:40 PM

LAST DANCE!

DJ Booth